



Impactful Presentations: How to talk so people listen

with

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**Tools for a scientific career
Symposium for female scientists
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Do what you feel in your heart to be right — for you'll be criticized anyway. You'll be damned if you do, and damned if you don't.

(Eleanor Roosevelt)

izquotes.com



Survey of attitudes

How to be heard – the
current status quo

Role models

4 Ps framework

Expert views

Put into practice

Wrap up

A quick survey




**Go to: <https://b.socrative.com/login/student/>
then Room: MHUNT18**



**What
holds your
attention?**

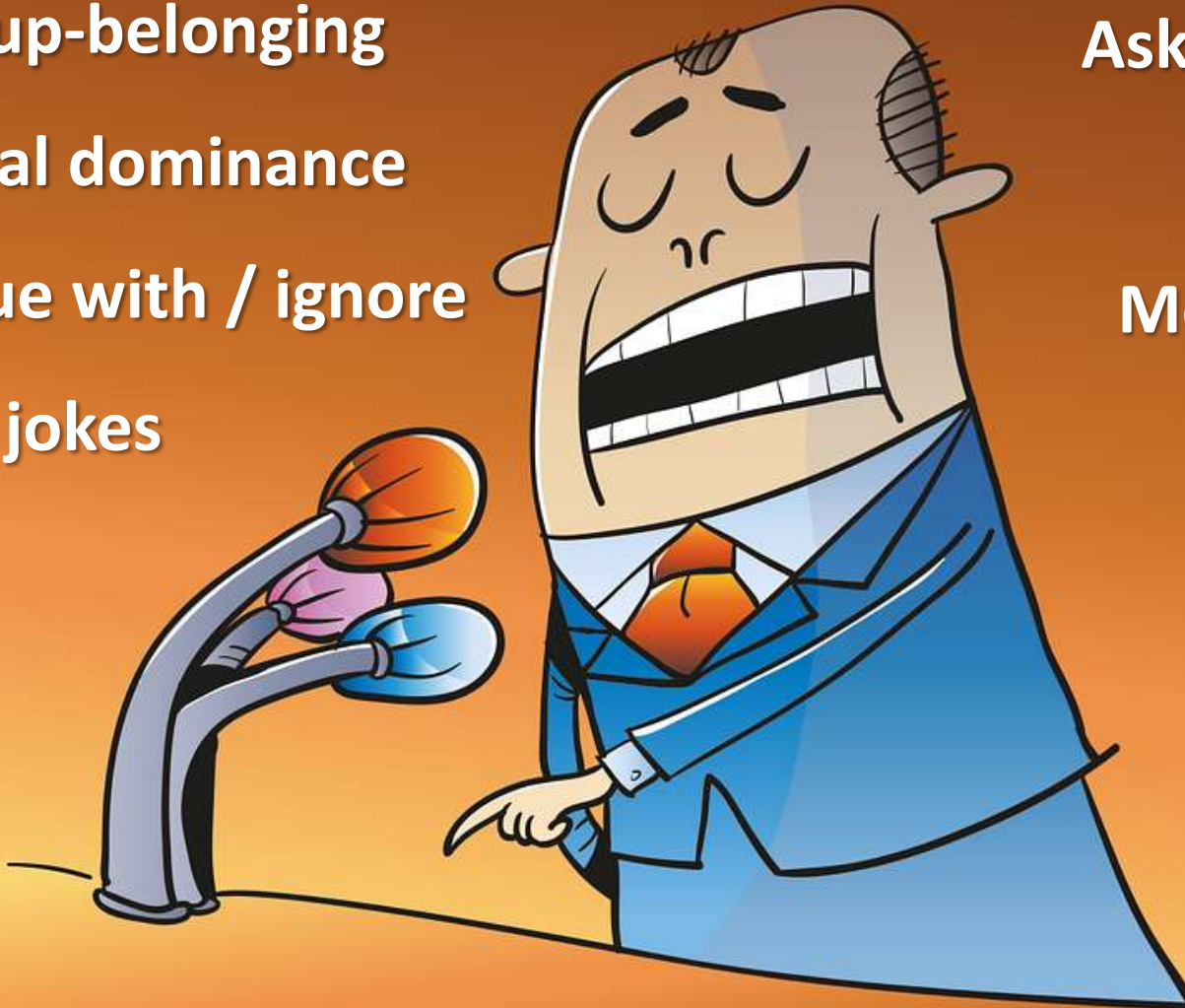
Image by janjf93 from Pixabayll



**What
loses your
attention?**

Group-belonging
Social dominance
Argue with / ignore
Use jokes

Ask more questions:
More aggressive
More interruptions





Tentative language

Reject invitations

Prioritise teaching

Cite own work less

Publish less

Negotiate less \$\$



<https://fellowsblog.ted.com/meet-12-badass-scientists-who-also-happen-to-be-women-ace8d797bcad>

A bronze statue of a man's head and shoulders, looking upwards and to the left. The statue has a weathered, textured surface. A hand is visible in the lower left, reaching up towards the face. The background is a solid blue sky.

Preparation

Presence

Poise

Powerful voice

Non-verbals → how others see us



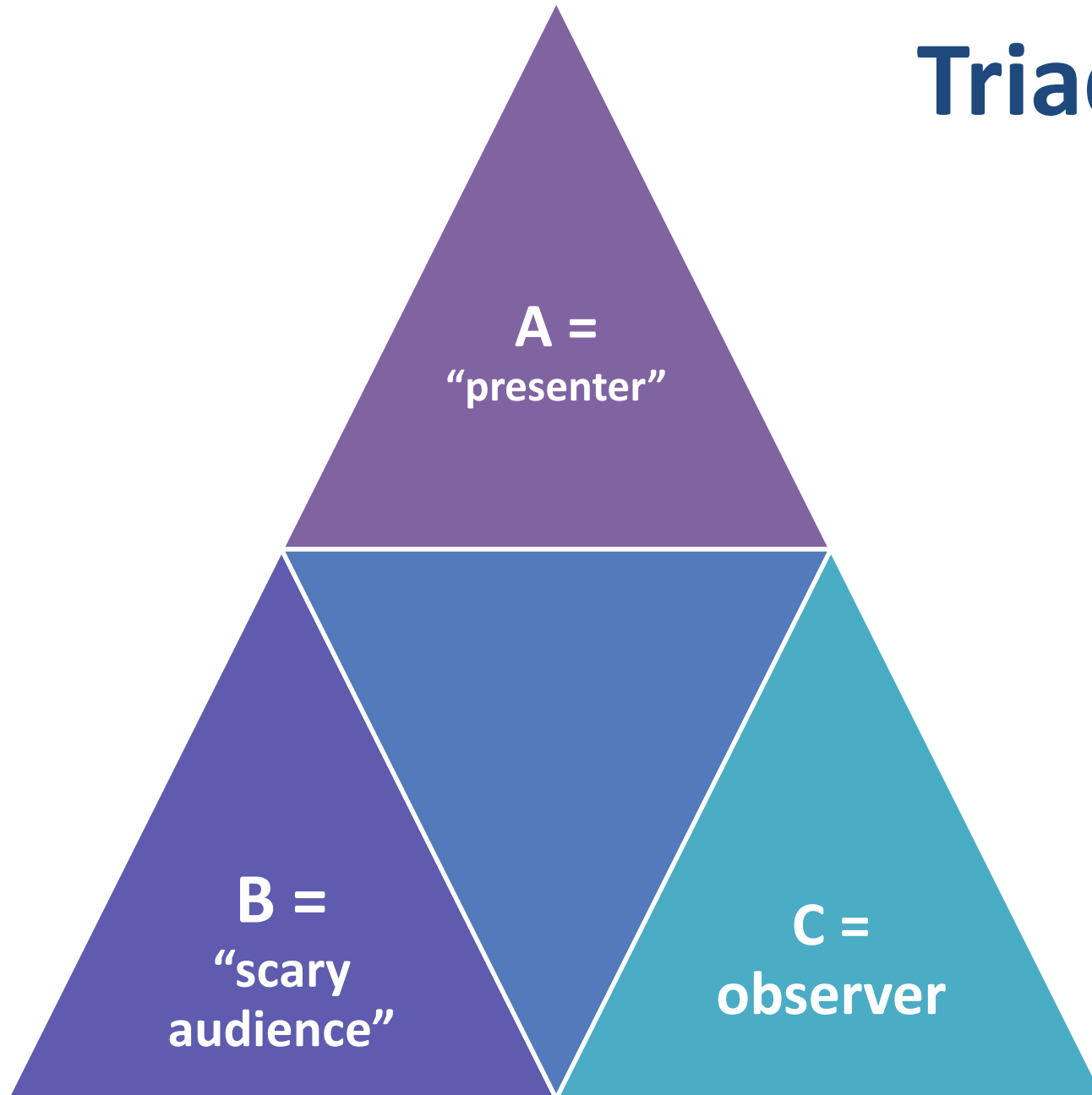
https://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are



Act as if...
...you
really
count.

Image by ErikaWittlieb from Pixabay

Triad Task



Key Takeaways

- Academia is unfairly stacked against women
- Presentations are often uncomfortable
- Follow the 4 Ps
- Face the fear – Act as if... YOU COUNT

You talk and people listen!

Michelle Hunter, MA

www.demandhighsilently.com

Sources

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